



# OHIO STATE COSMETOLOGY AND BARBER BOARD

To protect and support the public through regulation and education, while promoting the integrity of the cosmetology and barbering industries.

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## Testing Information Packet (TIP) *Esthetics Theory*

The Esthetics theory examination consists of 100 multiple choice questions. Below is a list of the subject areas and the percent of questions per subject area that will be included in the examination. The allotted time for the Esthetics theory examination is 90 minutes.

### Infection Control

#### **45% of exam questions**

##### Understanding Infection

- Bacteria
- Viruses
- Fungus
- Parasites
- Immunity

##### Infection Control

- Levels
- Methods
- Prevention Guidelines
- Universal Precautions/Blood Spill Procedures
- Hand Washing

##### Safety

- Prevention Guidelines
- First Aid
- State Regulations
- OSHA/Federal Regulations

### Skin Care & Services

#### **20% of exam questions**

##### Skin Types/Analysis

##### Methods of Draping

##### Facials

- Massage
- Cleansing
- Steaming
- Mask
- Exfoliation
- Extractions

##### Hair Removal

- Waxing
- Tweezing

##### Makeup

- Color Theory
  - Application Techniques

### Anatomy & Physiology

#### **15% of exam questions**

##### Body Systems /Physiology

##### Anatomy

- Organs
- Tissues
- Cells
- Glands

##### Skin

- Functions of the Skin
- Skin Diseases/Disorders
- Skin Structure

### Product Knowledge & Chemistry

#### **10% of exam questions**

##### Products & Ingredients

##### Basics of Chemistry

- PH
- Chemical Reactions
- Matter
- Elements
- Atoms
- Molecules
- Compounds
- Chemical Reactions

### Implements, Tools & Equipment

#### **10% of exam questions**

##### Tools/Implements

##### Equipment

##### Electricity

- Electrical Current(s)
- Light Therapy
- Electrotherapy
- Measurements of Electricity

### References:

Milady Standard Esthetics. 12th Edition. 2020. Cengage Learning.

Milady Standard Foundations. 1st Edition. 2020. Cengage Learning.

Pivot Point Fundamentals Esthetics. 1st Edition. 2020. Pivot Point International, Inc. (Modules 101-111)

Salon Fundamentals Esthetics. 2nd Edition. 2007. Pivot Point International, Inc.